


Reid Hospital
 & Health Care Services
 Caring • Healing • Leading

Special Program by Credentialed Services

RMD
 Insurance *Patti*


Auto-Owners Insurance
 Life Home Car Business


1490 WKBV
 THE VOICE OF RICHMOND

cfw
 at the WAREHOUSE
 www.cyclingandfitnesswarehouse.com



warehouse
**cafe**

wellnessworks


ROCKETSHIP
 SPORTS MANAGEMENT

CARDINAL

GREENWAYS


WHITWATER VALLEY
FITNESS FESTIVAL
 richmond, indiana | wvfitfest.com




WB
 Reid Hospital
 & Health Care Services
 Caring • Healing • Leading


RMD
Patti
 Insurance


ROCKETSHIP
 SPORTS MANAGEMENT

Reid Hospital
 & Health Care Services
Whitewater Valley
FITNESS FESTIVAL
 2009



101.3 Mile Ride for the Greenway

Monday,
September 7, 2009

Start Location:
Cycling and Fitness Warehouse
213 N 3rd Street,
Richmond IN

 Reid Hospital & Health Care Services
 Caring • Healing • Leading

 *Patti*
 Auto-Owners Insurance

 **ROCKETSHIP**
 SPORTS MANAGEMENT

Registration 6:00 to 9:15 AM

Mass Start 8:00 AM

About the ride: Ride back to a more simple time and explore rural Wayne, Randolph, and Delaware County. Routes rural sights on quiet rural roads that have possibly never before been on a bike tour. You may never see a car! You may leave before or after the mass start. Some portions on bike trail.

Family ride: Begins at 9:30 Escorted 10 mile ride, partially on the trail, with some city streets before entering the country. Excellent for beginners, families, or kids in trailers. (1 stop)

25 mile route: Flat route. Explore rural Wayne County . (1 stop)

62 mile route: Rolling route. Explore the rich farmland of Wayne and Randolph counties, before crossing into Ohio for some hills. (3 stops including lunch for 62)

101.3 mile route: Designed to test your fitness. The first half includes all other route benefits,. Your efforts will be rewarded with an excellent route that will take you to all the scenic sites.

Ride support ends at 4:00.

While in town, check out the other events of The Whitewater Valley Fitness Festival

Ride Amenities: Full SAG support and well stocked rest stops with homemade goodies, restroom facilities, and beverages. Well marked and patrolled routes and After-ride refreshments included.

Rest stops: Will be open at times based upon an 8:00 Start. If you start very early, or very late, rest stops may not be available.

Custom T-shirts: Included FREE for pre-registrants. Extras available for \$15 each.

Custom Cycling Jersey: Show your support of the Cardinal greenway with this custom designed cycling jersey made by Champion System Sportswear. Please check our website for design and sizing. Jersey is club cut, 3/4 zipper, 3 rear pockets, fully sublimated, polyester micro fiber material with elastic waist and arms. Jersey orders must be received by 7/15 to guarantee jersey by ride day. Jerseys ordered after 7/15 and on ride day will be an additional \$5 to allow for delivery to you, approximately 60 days after the ride. Jerseys may be ordered by mailing this form to Rocketship Sports, or via our website with a credit card. Jerseys are custom order only, there will be none available to purchase without a special order.

Accommodations:
www.visitwaynecounty.org

Note: Be prepared for the weather. Summer in Indiana can be very warm. Event will take place rain or shine. No refunds!

Please make sure your bicycle and you are prepared for the route you choose.

Registration Form

- \$20.00 per person for 62, 100 milers
- \$10.00 per person for 15/25 milers
- \$25 for families (family ride only, 4 riders)

Online registration available at www.active.com

Entries postmarked after August 15 are subject to a \$5 late fee and will not guaranteed t-shirt.

T-Shirt size (CIRCLE ONE):
S M L XL XXL

Custom event jersey orders must be received by

Jersey size (CIRCLE ONE): S M L XL XXL
\$60 each before 7/15, \$65 after 7/15

Total registrations: \$_____ (+\$5 per rider if after August 15)

Total additional -shirts____x \$15= \$_____

Total Jerseys (before 7/15)____x \$60= \$_____

Total amount enclosed: \$_____

Checks payable to Rocketship Sports. Mail form to Rocketship Sports 1098 Buckeye Drive Greenville, OH 45331

Name _____

Address _____

City, State zip _____

Email _____

Phone _____

Signature _____

Release form will be required to be completed on day of event.

(CUT HERE)